

BTEC LEVEL 3 HEALTH & SOCIAL CARE PREPARATION TASK



As part of your induction programme, we are going to ask you to complete five short tasks before September to prepare you for the course.

Task 1

You need to read and familiarise yourself with the key information below, ensuring that you learn the life stages and ages that they cover.

Life Stages:

Life Stage	Age
Birth and Infancy	0-2 years
Early Childhood	3-8 years
Adolescence	9-18 years
Early adulthood	19-45 years
Middle Adulthood	46-65 years
Later adulthood	65 years onwards

Be prepared to be tested on these early in September

Key features of physical development throughout the life stages:

Life Stage	Age	Key Features of physical development
Birth and Infancy	0-2 years	Infants grow rapidly reaching half their adult height by the time they are two and a half years old.
Early Childhood	3-8 years	Children continue to grow at a steady pace. They continue to develop strength and coordination.

BTEC LEVEL 3 HEALTH & SOCIAL CARE PREPARATION TASK



Adolescence	9-18 years	Adolescents experience growth spurts and develop sexual characteristics during puberty.
Early adulthood	19-45 years	Young adults reach the peak of their physical fitness.
Middle Adulthood	46-65 years	The ageing process begins with some loss of strength and stamina. Women go through menopause.
Later adulthood	65 years onwards	The ageing process continues with gradual loss of mobility. Older adults will experience a loss of height of up to a few centimetres.

Each life stage will be explored by looking at physical, intellectual, emotional, and social development that feature during each life stage.

This is sometimes referred to as **PIES development**

Task 2

Create **two** fact sheets that explain:

- i. Jean Piaget's theory of cognitive development
- ii. Noam Chomsky's model of language acquisition

Useful website:

www.simplypsychology.org/

BTEC LEVEL 3 HEALTH & SOCIAL CARE PREPARATION TASK



Task 3

There are never ending health related stories in the news at the moment. Your task is to collect and review six different health related stories in the media over the next six weeks.

Find articles from **at least three different sources of information**, for example magazine/newspaper articles, storyline in a television soap, discussion on internet news sites etc. that have a link to health and social care.

The aim of this task is to encourage you to keep up to date with the current media topics related to health and social care and to explore the different sources of secondary information available. You do not need to do copious amounts of writing to prove that you have done this task, but we would like evidence of it. This could be you putting together a folder of information that you have collected e.g., cut outs from newspapers and magazines/simple overview of a soap storyline/print out from a news web site, it is up to you.

Please date and reference your sources of information.

Task 4

In the course you will need to be able to conduct research independently. This may involve using different sources of information and you may at times need to find your own sources of information. For this task I would like you to practice your research skills by finding out about The Joseph Rowntree Foundation. Use the website link below to complete the leaflet task.

Task: Create a detailed leaflet that explains:

- What the organisation's ethos is
- Which parts of society it focusses on
- What the main aims of the organisation are and how it works to bring about

<https://www.jrf.org.uk/>

BTEC LEVEL 3 HEALTH & SOCIAL CARE PREPARATION TASK



Task 5

Draft a letter to a prospective work placement manager requesting that you come to them for a weekly work placement.

We will be asking you to complete a placement during the autumn term in a health and social care setting to help you to relate theory to practice and enable you to complete your portfolio work effectively. In addition to drafting a letter it would be useful if you could explore some possible work placements. Nursery schools are an obvious choice but some of you may like to go to a residential home. Warwick hospital is also a possibility if a more general approach interests you, but you may need to let us know if you would like to do this before the summer holidays as placements at the hospital take about six weeks to organize.

Please note if you are also doing the CPLD course you only need to do this once, but you need to choose a nursery/pre-school or other childcare provider for your placement.

Any questions please contact me on phillips.j@myton.co.uk

With Thanks, Mrs. J Phillips