

## Social, Emotional and Mental Health Provision at Myton School

Wave 1- Universal Provision	Wave 2- Guided/Group Interventions	Wave 3- Individual/specialist support
<ul style="list-style-type: none"> <li>• Quality First Teaching</li> <li>• Clear and consistent boundaries</li> <li>• Whole school reward system</li> <li>• A Behaviour Policy that is Trauma Informed and values relationships</li> <li>• Emotional Coaching</li> <li>• Restorative approach to incidents</li> <li>• Whole school Trauma and Attachment Training</li> <li>• PHSE curriculum</li> <li>• Zero tolerance approach to discriminatory and derogatory language</li> <li>• A Transition process for Y6/7 that focuses on our CARE Values and promoting a feeling of emotional safety</li> <li>• A Safeguarding Team that is visible, accessible and actively promoted to students</li> <li>• Resources and local services that support wellbeing shared with Parents via Weekly News and social media</li> </ul>	<ul style="list-style-type: none"> <li>• Boomerang - Resilience Programme</li> <li>• Social Skills</li> <li>• Access to the Calm Room</li> <li>• Youth Workers</li> <li>• Workshops from external providers such as Loudmouth and PMNW</li> <li>• Learning Boost Programmes of Study (ASDAN Animal Care, ASDAN Gardening Club)</li> <li>• HERO - LGBT+ peer support group run by Sixth Form students</li> <li>• Zones of Regulation</li> <li>• Creative Voices (Drawing and Talking Therapy)</li> <li>• Life Skills</li> <li>• Emotional Literacy</li> <li>• Lego Therapy</li> </ul>	<p><b>In-school Interventions</b></p> <ul style="list-style-type: none"> <li>• Early Family Help</li> <li>• Weekly SEMH Mentoring</li> <li>• Individual sessions with Mental Health Lead</li> <li>• CBT Sessions</li> <li>• Mental Health in Schools Team</li> <li>• PLAC/LAC Learning Mentor (1:1 mentoring and parent/carer support)</li> <li>• Springfield Mind Wellbeing Drop In (Sixth Form only)</li> <li>• Sixth Form Peer Mentors</li> <li>• Therapy Dog</li> </ul> <p><b>External Referrals</b></p> <ul style="list-style-type: none"> <li>• Guys Gift Bereavement Counselling</li> <li>• Targeted Youth</li> <li>• Family Support Worker</li> <li>• Flourish 1:1 Mentoring (girls only)</li> <li>• Young People First</li> <li>• Life Space</li> <li>• Warwickshire Young Carers</li> <li>• Parenting Project (counselling for parents/carers of young people with SEND)</li> <li>• Compass (Drug and Alcohol service)</li> <li>• CAMHS</li> <li>• IAPT Healthy Minds service (Post 16 only)</li> </ul>

MYTON  SCHOOL

